



Branches

Trish & Dan Bell Family
Empowerment Centers

Care Packages Needed!



Help Meet Essential Needs for Local Families!

Support Branches by helping provide children and families with the food and essential items they need throughout the year. Explore the volunteer opportunities below and choose the project that's right for your group.

- **Snack Packs**

- **Sandwich Lunches**

- **Hygiene Kits**

- **Groceries for a family**

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Snack Packs

Help provide students and families with easy-to-grab snacks that offer nourishment throughout the day! Snack packs can be made with clear Ziplock bags and may only include nonperishable pantry items such:

- Chips
- Granola bars
- Cereal
- Trail mix
- Chef Boyardee (flip top)
- Fruit snacks
- Cup of soup
- Mac and cheese (microwaveable)
- Crackers
- Juice pouches
- Little bites muffins
- Chips
- Apple sauce
- Slim jims
- Pretzels
- Cheezits
- Goldfish
- Veggie sticks
- Animal crackers
- Popcorn
- Cookies
- Graham crackers
- Rice krispy treats
- Gatorade



Groceries

Help provide families with pantry staples that can be used to prepare nutritious meals at home. Grocery bags support households experiencing food insecurity and help bridge gaps during school breaks, financial hardship, and unexpected emergencies.

- Rice
- Pasta
- Macaroni & cheese
- Canned vegetables
- Canned fruit
- Canned beans
- Canned tuna or chicken
- Canned soups
- Peanut butter
- Jelly
- Oatmeal
- Cereal
- Granola bars
- Crackers
- Soup
- Pasta sauce
- Shelf-stable milk
- Instant mashed potatoes
- Trail Mix
- Dried beans
- Boxed stuffing mix
- Apple Sauce
- Olive Oil

Please donate
nonperishable items only.
Thank you!



Care Packages Needed!

Sandwich Lunches

Help ensure students and families have access to a nutritious meal when they need it most. Sandwich bags are used to support students during school breaks, educational field trips, unexpected emergencies, and other times when access to food may be limited.

Types of Sandwiches:

- Peanut Butter & Jelly
- Ham & Cheese
- Turkey & Cheese
- Peanut Butter

Guidelines:

- Use fresh bread and ingredients.
- Individually package each sandwich in a sealed ziplock sandwich bag.
- Do not include mayonnaise or other perishable condiments.
- Please label sandwiches with the type of sandwich (e.g., PB&J, Turkey & Cheese, Ham & Cheese).
- Deliver within 24 hours of preparation.



Hygiene Kits



Help provide essential personal care items to students and families facing financial hardship. Hygiene kits help ensure individuals have access to basic necessities that support health, dignity, and well-being during times of need.

- Toothbrush
- Toothpaste
- Bar soap or body wash
- Shampoo
- Conditioner
- Deodorant
- Lotion
- Comb or hairbrush
- Dental floss
- Lip balm
- Hand sanitizer
- Tissues
- Feminine hygiene products (No tampons needed)

Guidelines:

- Place all items in a gallon-sized resealable bag or small toiletry bag.
- Ensure all items are new and unopened.
- Please do not include medications or expired products.